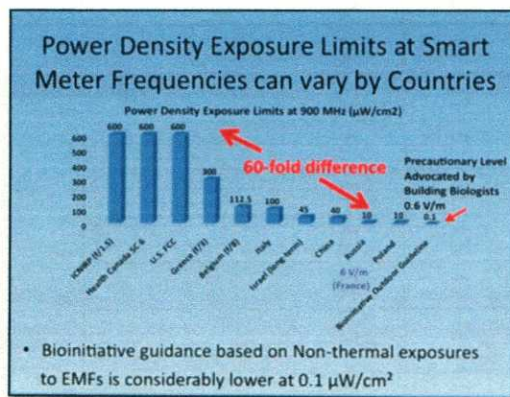


## Can Smart Meters Make You Sick?

Many people in Sedona are reporting health problems since microwave emitting smart meters were installed last April. Several European countries recognize the deleterious effects of microwave radiation and have set stringent exposure standards. The world health organization (WHO) has declared microwaves (a sub set of electromagnetic radiation (EMR)), a class 2B carcinogen. Some European countries have defined a syndrome associated with exposure to electromagnetic (microwave) fields, called electromagnetic hypersensitivity syndrome (EHS). They recognize EHS as a disability.

US standards do not protect you. The chart below shows that the US allows more than 60m and even up to 1000 times more exposure than other countries.



EHS symptoms are common because we have been exposed to multiple sources of EMR for decades. Household wiring mistakes can radiate strong fields. Smart meters, cell phones, cell towers, WiFi, baby monitors, radio and TV transmissions take their toll insidiously and gradually.

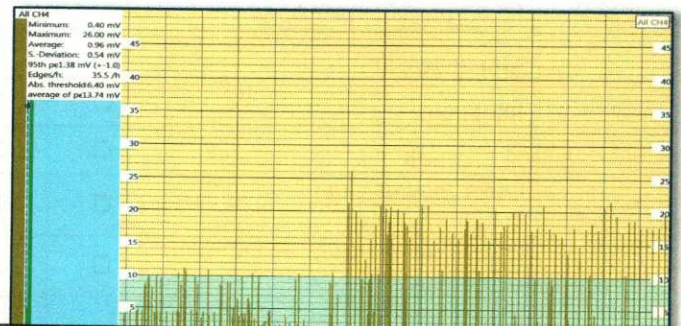
Your doctor is probably unfamiliar with EHS because he received no training regarding this relatively new syndrome in medical school. Your EHS symptoms are likely to be misdiagnosed as "aging", or worse, psychosomatic, without recognizing the underlying cause. Similar to cancer- tobacco connection, there is a long latency period before severe irreversible symptoms such as cancer, and Alzheimers occurs. It takes 10-20 years of exposure for these diseases to manifest. Youths and people in the 55-65 age group are particularly at risk.

You may be interested to compare any maladies you have to the symptoms on the reverse of this paper. This EHS syndrome check list was developed by the Austrian medical society.

If you have many of these symptoms you may want to reduce your EMF exposure by using a landline telephone and hard wiring computers instead of using WiFi. An important thing you can do, is to opt out of your smart meter. Smart meters emit microwave spikes that can be detected up to a mile away. They broadcast every 15 minutes exposing you and your neighbors 24/7/365. Some meters transmit more frequently, every 2 minutes. Their signals can be 10 times stronger.

You are not safe from smart meter transmissions. Smart meters have never been proven safe. Sedona Smart Meter Awareness (SSMA) met with the Arizona Corporation Commission (ACC) and executives from APS last year. ACC required APS to answer 70 questions from SSMA in writing, and meet to discuss them. During the meeting with APS it became clear that even the APS safety officer did not understand safety standards. APS has never tested smart meters. They relied on data from meter manufacturers. Meter manufacturers have only tested meters in ideal conditions, not real life. Although APS has never tested real life emission intensities from multiple meters in office buildings, neighborhoods, and apartment complexes they claim these meters are "safe".

Many people in neighborhoods have opted out because of their own health issues and concerns. Be mindful that your meter also affects your neighbors. Please do your part and opt out if not for your own sake, for your neighbors sake.



Neighbors Smart meter and WiFi signals measured inside seizure victim's house. Seizures began around midnight every night.



## Patient questionnaire

Last name, first name, Mr/Ms .....

Place, date .....

### a) List of symptoms

How often have you experienced the following health problems in the past 30 days?  
Please mark the appropriate box in every line.

Symptoms	Never	Rarely	Sometimes	Often	Very often	If yes, since when (month/year)
Anxiety	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	/
Tightness in chest	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	/
Depression	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	/
Difficulty concentrating	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	/
Restlessness, tension	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	/
Hyperactivity	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	/
Irritability	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	/
Exhaustion	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	/
Fatigue	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	/
Anomia (difficulty finding words)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	/
Forgetfulness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	/
Headaches	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	/
Dizziness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	/
Sleep problems	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	/
Noise sensitivity	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	/
Sensation of pressure in the ears	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	/
Ear noises, tinnitus	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	/
Burning sensation in the eyes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	/
Nervous bladder, urinary urgency	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	/
Heart palpitations	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	/
Blood pressure problems	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	/
Muscle tension	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	/
Joint pain	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	/
Skin conditions	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	/
Other (please state) .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	/
Other (please state) .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	/